



# ELY CATHEDRAL

## **ASH WEDNESDAY**

### **HOLY COMMUNION WITH IMPOSITION OF ASHES**

Wednesday 6 March 2019  
7.30pm

President : The Dean  
Preacher : Canon James Garrard

Mass for four voices  
*William Byrd 1538-1623*

**PREPARATION** *Please stand when the bell is rung*

THE LENT PROSE

*The congregation are invited to sing the refrain of the Lent Prose*

*The choir sings the refrain the first time*

Refrain

Hear us, O Lord, have mer-cy up-on us: for we have sinn'd a - gainst thee.

**All** **Hear us, O Lord, have mercy upon us:  
for we have sinn'd against thee.**

Cantor To thee, Redeemer on thy throne of glory:  
lift we our weeping eyes in holy pleadings:  
listen, O Jesu, to our supplications.

**All** **Hear us, O Lord, have mercy upon us:  
for we have sinn'd against thee.**

Cantor O thou chief Cornerstone, Right Hand of the Father:  
Way of Salvation, Gate of Life Celestial:  
cleans thou our sinful souls from all defilement.

**All** **Hear us, O Lord, have mercy upon us:  
for we have sinn'd against thee.**

Cantor God, we implore thee, in thy glory seated:  
bow down and hearken to thy weeping children:  
pity and pardon all our grievous trespasses.

**All** **Hear us, O Lord, have mercy upon us:  
for we have sinn'd against thee.**

Cantor Sins oft committed, now we lay before thee:  
with true contrition, now no more we veil them:  
grant us, Redeemer, loving absolution.

**All** **Hear us, O Lord, have mercy upon us:  
for we have sinn'd against thee.**

Cantor Innocent, captive, taken unresisting,  
falsely accused, and for us sinners sentenced,  
save us, we pray thee, Jesu our Redeemer.

**All** **Hear us, O Lord, have mercy upon us:  
for we have sinn'd against thee.**

President Grace, mercy, and peace from God our Father  
and the Lord Jesus Christ be with you all  
**and also with you.**

*The President introduces the Liturgy*

Brothers and sisters in Christ: since early days Christians have observed with great devotion the time of our Lord's passion and resurrection and prepared for this by a season of penitence and fasting.

By carefully keeping these days, Christians take to heart the call to repentance and the assurance of forgiveness proclaimed in the gospel, and so grow in faith and in devotion to our Lord.

I invite you, therefore, in the name of the Church, to the observance of a holy Lent, by self-examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God's holy word.

KYRIE ELEISON *sung by the choir. Please remain standing*

Kyrie eleison	<i>Lord, have mercy</i>
Christe eleison	<i>Christ, have mercy</i>
Kyrie eleison	<i>Lord, have mercy</i>

COLLECT

Let us pray.

Almighty and everlasting God,  
you hate nothing that you have made  
and forgive the sins of all those who are penitent:  
create and make in us new and contrite hearts  
that we, worthily lamenting our sins  
and acknowledging our wretchedness,  
may receive from you, the God of all mercy,  
perfect remission and forgiveness;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever. **Amen.**

## THE MINISTRY OF THE WORD

READING *Please sit*  
Joel 2.1-2,12-17

A reading from the Prophet Joel.

Blow the trumpet in Zion; sound the alarm on my holy mountain! Let all the inhabitants of the land tremble, for the day of the LORD is coming, it is near – a day of darkness and gloom, a day of clouds and thick darkness! Like blackness spread upon the mountains a great and powerful army comes; their like has never been from of old, nor will be again after them in ages to come. Yet even now, says the LORD, return to me with all your heart, with fasting, with weeping, and with mourning; rend your hearts and not your clothing. Return to the LORD, your God, for he is gracious and merciful, slow to anger, and abounding in steadfast love, and relents from punishing. Who knows whether he will not turn and relent, and leave a blessing behind him, a grain-offering and a drink-offering for the LORD, your God? Blow the trumpet in Zion; sanctify a fast; call a solemn assembly; gather the people. Sanctify the congregation; assemble the aged; gather the children, even infants at the breast. Let the bridegroom leave his room, and the bride her canopy. Between the vestibule and the altar let the priests, the ministers of the LORD, weep. Let them say, 'Spare your people, O LORD, and do not make your heritage a mockery, a byword among the nations. Why should it be said among the peoples, "Where is their God?"'

For the word of the Lord.

**Thanks be to God.**

HYMN *Please stand*



1  
Jesu, grant me this, I pray,  
Ever in thy heart to stay;  
Let me evermore abide  
Hidden in thy wounded side.

2  
If the evil one prepare,  
Or the world, a tempting snare,  
I am safe when I abide  
In thy heart and wounded side.

3

If the flesh, more dangerous still,  
Tempt my soul to deeds of ill,  
Naught I fear when I abide  
In thy heart and wounded side.

4

Death will come one day to me;  
Jesu, cast me not from thee:  
Dying let me still abide  
In thy heart and wounded side.

Words: Latin 17th century, Tr H. W. Baker 1821-1877  
Music: *Song 13* NEH 382, Orlando Gibbons 1583-1625

*Please face the Deacon*

GOSPEL

Matthew 6.1-6,16-21

**Praise to you, O Christ, King of eternal glory.**

The Lord is a great God, O that today you would listen to his voice.  
Harden not your hearts.

**Praise to you O Christ, King of eternal glory.**

Hear the Gospel of our Lord Jesus Christ according to Matthew.

**Glorify to you, O Lord.**

Jesus said to the disciples, 'Beware of practising your piety before others in order to be seen by them; for then you have no reward from your Father in heaven.

So whenever you give alms, do not sound a trumpet before you, as the hypocrites do in the synagogues and in the streets, so that they may be praised by others. Truly I tell you, they have received their reward. But when you give alms, do not let your left hand know what your right hand is doing, so that your alms may be done in secret; and your Father who sees in secret will reward you.

And whenever you pray, do not be like the hypocrites; for they love to stand and pray in the synagogues and at the street corners, so that they may be seen by others. Truly I tell you, they have received their reward. But whenever you pray, go into your room and shut the door and pray to your Father who is in secret; and your Father who sees in secret will reward you.

And whenever you fast, do not look dismal, like the hypocrites, for they disfigure their faces so as to show others that they are fasting. Truly I tell you, they have received their reward. But when you fast, put oil on your head and wash your face, so that your fasting may be seen not by others but by your Father who is in secret; and your Father who sees in secret will reward you.

Do not store up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal; but store up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there your heart will be also.'

This is the Gospel of the Lord.

**Praise to you, O Christ.**

*Please sit*

SERMON

## **THE LITURGY OF PENITENCE**

### SELF-EXAMINATION AND CONFESSION

Let us now call to mind our sin and the infinite mercy of God.

*Please sit or kneel*

God the Father  
**have mercy on us**

God the Son  
**have mercy on us**

God the Holy Spirit  
**have mercy on us**

Trinity of love,  
**have mercy on us**  
**Most merciful God,**  
**Father of our Lord Jesus Christ,**  
**we confess that we have sinned in thought,**  
**word and deed.**

We have not loved you with our whole heart,  
and mind, and strength.  
We have not loved our neighbours as ourselves.  
We have not forgiven others, as we have been forgiven.  
**Lord, have mercy.**

We have been deaf to your call to serve,  
as Christ served us.  
We have not been true to the mind of Christ.  
We have grieved your Holy Spirit.  
**Lord, have mercy.**

We confess to you, Lord...  
all our past unfaithfulness:  
the pride, hypocrisy and impatience of our lives.  
**Lord, have mercy.**

Our self-indulgent appetites and ways,  
and our exploitation of other people.  
**Lord, have mercy.**

Our anger at our own frustration  
and our envy of those more fortunate than ourselves.  
**Lord, have mercy.**

Our intemperate love of worldly goods and comforts  
and our dishonesty in daily life and work.  
**Lord, have mercy.**

Our negligence in prayer and worship  
and our failure to commend the faith that is in us.  
**Lord, have mercy.**

Accept our repentance, Lord . . .  
for the wrongs we have done,  
for our blindness to human need and  
suffering, and our indifference to injustice and cruelty.  
**Accept our repentance, Lord.**

For all false judgements,  
for uncharitable thoughts towards our neighbours  
and for our prejudice and contempt  
towards those who differ from us.  
**Accept our repentance, Lord.**

For our waste and pollution of your creation  
and our lack of concern for those who come after us.  
**Accept our repentance, Lord.**

Restore us, good Lord, and let your anger depart from us.  
**Favourably hear us, for your mercy is great.**

Accomplish in us the work of your salvation,  
**that we may show your glory in the world.**

By the cross and passion of your Son our Lord,  
**bring us with all your saints to the joy of his resurrection.**

*Silence is kept*

**We have not loved you with our whole heart.  
We have not loved our neighbours as ourselves.  
In your mercy forgive what we have been,  
help us to amend what we are,  
and direct what we shall be; that we may do justly,  
love mercy, and walk humbly with you, our God. Amen.**

#### THE IMPOSITION OF ASHES

President Dear friends in Christ,  
I invite you to receive these ashes as a sign of the spirit of penitence  
with which we shall keep this season of Lent.

God our Father,  
you create us from the dust of the earth:  
grant that these ashes may be for us a sign of our penitence  
and a symbol of our mortality;  
for it is by your grace alone  
that we receive eternal life in Jesus Christ our Saviour. **Amen.**

*The people receive the imposition of ashes,  
the minister saying to each:*

Remember that you are dust,  
and to dust you shall return.  
Turn away from sin and be faithful to Christ.

*During the Imposition of Ashes the choir sings Miserere mei, Deus (Allegrì).*

Miserere mei, Deus,  
secundum magnam misericordiam tuam  
et secundum multitudinem  
miserationum tuarum dele  
iniquitatem meam.

Amplius lava me ab iniquitate mea  
et a peccato meo munda me.  
Quoniam iniquitatem meam  
ego cognosco  
et peccatum meum contra me est semper.

Tibi soli peccavi  
et malum coram te feci,  
ut iustificeris in sermonibus tuis  
et vincas cum iudicaris.  
Ecce enim in iniquitatibus conceptus sum  
et in peccatis concepit me mater mea.  
Ecce enim veritatem dilexisti:  
incerta et occulta sapientiae tuae  
manifestasti mihi.  
Asperges me hyssopo  
et mundabor;  
lavabis me et super nivem dealabor.

Auditui meo dabis gaudium et laetitiam  
et exsultabunt ossa  
humiliata.

Averte faciem tuam a peccatis meis  
et omnes iniquitates meas dele.  
Cor mundum crea in me, Deus,  
et spiritum rectum innova in visceribus  
meis.  
Ne proicias me a facie tua,  
et spiritum sanctum tuum ne auferas a me.

Redde mihi laetitiam salutaris tui  
et spiritu principali confirma me.  
Docebo iniquos vias tuas:  
et impii ad te convertentur.  
Libera me de sanguinibus,  
Deus, Deus salutis meae,  
et exsultabit lingua mea iustitiam tuam.  
Domine, labia mea aperies,  
et os meum annuntiabit laudem tuam.

*Have mercy upon me, O God,  
according to your great mercy  
and according to the abundance  
of your compassion blot out  
my transgressions.*

*Wash me thoroughly from my iniquity  
and cleanse me from my sin.  
For I acknowledge  
my offence  
and my sin is ever before me.*

*Against you only have I sinned,  
and done what is evil in your sight  
that you may be justified in your sentence  
and vindicated when you judge.  
Behold, in guilt was I conceived  
and in sin did my mother conceive me.  
Behold, you delight in sincerity of heart,  
and in my inmost being  
you teach me wisdom.  
Cleanse me with hyssop  
and I shall be purified;  
wash me and I shall be whiter than snow.*

*Let me hear the sounds of joy and gladness;  
the bones which you have crushed shall  
rejoice.*

*Avert your face from my sins,  
and blot out all my iniquity.  
Create in me a clean heart, O God,  
and renew in me a righteous  
spirit.  
Cast me not out from your presence,  
and take not your holy spirit from me.*

*Give me the joy of your salvation  
and sustain me in a willing spirit.  
I shall teach transgressors your ways,  
and sinners shall return to you.  
Deliver me from blood-guiltiness,  
O God, God of my salvation,  
and my tongue shall exalt your justice.  
O Lord, open my lips,  
and my mouth shall proclaim your praise.*

Quoniam si voluisses sacrificium  
dedissem utique;  
holocaustis non delectaberis.  
Sacrificium Deo spiritus contribulatus:  
cor contritum et humiliatum,  
Deus, non despicias.  
Benigne fac, Domine,  
in bona voluntate tua Sion,  
ut aedificentur muri Ierusalem.  
Tunc acceptabis  
sacrificium iustitiae,  
oblaciones, et holocausta:  
tunc imponent super altare tuum  
vitulos.

*For you are not pleased with sacrifices,  
else would I give them to you;  
neither do you delight in burnt offerings.  
The sacrifice of God is a contrite heart:  
a broken and sorrowful heart,  
O God, you will not despise.  
Be favourable and gracious  
unto Sion, O Lord,  
build again the walls of Jerusalem.  
Then you shall be pleased  
with the sacrifice of righteousness,  
oblations and burnt offerings;  
they shall offer young bulls upon your  
altar.*

Words: Psalm 51  
Music: Gregorio Allegri 1582-1652

*When all have received the ashes, the President says*

The Lord enrich you with his grace,  
and nourish you with his blessing;  
the Lord defend you in trouble and keep you from all evil;  
the Lord accept your prayers,  
and absolve you from your offences,  
for the sake of Jesus Christ, our Saviour. **Amen.**

## **THE MINISTRY OF THE SACRAMENT**

THE PEACE *Please stand*

Since we are justified by faith,  
we have peace with God  
through our Lord Jesus Christ,  
who has given us access to his grace.

The peace of the Lord be always with you  
**and also with you.**

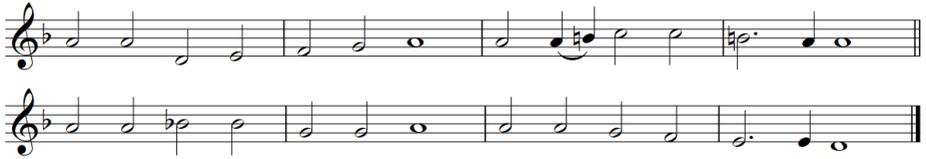
Let us offer one another a sign of peace.

*The peace is shared*

THE PREPARATION OF THE TABLE

OFFERTORY HYMN

*The table is prepared and an offering is received*



1  
Forty days and forty nights  
Thou wast fasting in the wild,  
Forty days and forty nights  
Tempted, and yet undefiled.

2  
Sunbeams scorching all the day,  
Chilly dewdrops nightly shed,  
Prowling beasts about thy way,  
Stones thy pillow, earth thy bed.

5  
Keep, O keep us, Saviour dear,  
Ever constant by thy side,  
That with thee we may appear  
At the eternal Eastertide.

3  
Let us thine endurance share,  
And awhile from joys abstain,  
With thee watching unto prayer,  
Strong with thee to suffer pain.

4  
And if Satan, vexing sore,  
Flesh or spirit should assail,  
Thou, his vanquisher before  
Grant we may not faint nor fail.

Words: G H Smyttan 1822-70 and Francis Pott 1832-1909  
Music: *Aus der Tiefe* NEH 67 'MH' in *Nürnbergisches Gesangbuch* 1676

*The President takes the Bread and Cup and praises God for his gifts*

Risen Lord and Saviour,  
present among us with the wealth of your love.  
Cleanse us from sin and give us the faith  
to offer our praise and grow in your grace. **Amen.**



Benedictus qui venit  
in nomine Domini.  
Osanna in excelsis.

*Blessed is he who comes  
in the name of the Lord,  
Hosanna in the highest.*

*Please sit or kneel*

Lord you are holy indeed, the source of all holiness;  
grant that by the power of your Holy Spirit,  
and according to your holy will, these gifts of bread and wine  
may be to us the body and blood of our Lord Jesus Christ;

Who, in the same night that he was betrayed,  
took bread and gave you thanks;  
he broke it and gave it to his disciples, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

In the same way, after supper  
he took the cup and gave you thanks;  
he gave it to them saying:  
Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many  
for the forgiveness of sins.  
Do this, as often as you drink it,  
in remembrance of me.

Jesus Christ is Lord  
**Lord, by your cross and resurrection  
you have set us free.  
You are the Saviour of the world.**

And so, Father, calling to mind his death on the cross,  
his perfect sacrifice made once for the sins of the whole world;  
rejoicing in his mighty resurrection and glorious ascension,  
and looking for his coming in glory  
we celebrate this memorial of our redemption.  
As we offer you this our sacrifice of praise and thanksgiving,  
we bring before you this bread and this cup  
and we thank you for counting us worthy  
to stand in your presence and serve you.

Send the Holy Spirit on your people  
and gather into one in your kingdom  
all who share this one bread and one cup,  
so that we, in the company of all the saints,  
may praise and glorify you for ever,  
through Jesus Christ our Lord;  
By whom, and with whom, and in whom,  
in the unity of the Holy Spirit,  
all honour and glory be yours, almighty Father,  
for ever and ever. **Amen.**

*Silence is kept*

#### THE LORD'S PRAYER

Lord Jesus, remember us in your kingdom,  
and teach us to pray:

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever. Amen.**

#### THE BREAKING OF THE BREAD

*The President breaks the consecrated bread, saying*

Every time we eat this bread and drink this cup:  
we proclaim the Lord's death until he comes.

## THE GIVING OF COMMUNION

*The President invites the people to receive the Holy Communion*

Jesus is the Lamb of God who takes away the sins of the world.  
Happy are those who are called to his supper.

**Lord, I am not worthy to receive you,  
but only say the word and I shall be healed.**

*The President and people receive the Communion. Communicant members of all Christian churches are welcome to receive the Communion. The practice at the Cathedral is to receive the wafer in the hand; if you are concerned about drinking from the common cup, please take the wafer only – please do not dip your wafer in the cup. The Church believes that the fullness of God’s grace is given when only one of the two elements of Holy Communion is received.*

*If you do not wish to receive communion, you are invited to come forward for a blessing. Please hold this service book in your hands as an indication to the ministers. Gluten free wafers are available on request.*

*During the Communion the Choir sings Agnus Dei from Mass for four voices (Byrd) and the motet Emendemus in melius (Byrd).*

## AGNUS DEI

Agnus Dei, qui tollis peccata mundi, miserere nobis,  
Agnus Dei, qui tollis peccata mundi, miserere nobis,  
Agnus Dei, qui tollis peccata mundi, dona nobis pacem.

*Lamb of God, you take away the sin of the world, have mercy on us.  
Lamb of God, you take away the sin of the world, have mercy on us.  
Lamb of God, you take away the sin of the world, grant us your peace.*

Emendemus in melius, quae ignoranter peccavimus:  
ne subito praeoccupati die mortis,  
quaeramus spatium paenitentiae et invenire non possimus.  
Attende, Domine, et miserere,  
quia peccavimus tibi.  
Aduva nos, Deus salutaris noster,  
et propter honorem nominis tui, libera nos.

*Let us make amends for the sins we have committed in ignorance,  
lest we should suddenly, at the day of death,  
seek a place of repentance and not be able to find one.  
Hear us, O Lord, and have mercy,  
for we have sinned against you.  
Help us, O God, our salvation,  
and for the honour of your name, free us.*

Words: Responsory on Ash Wednesday  
Music: William Byrd 1539/40-1623

*Please stand*

## PRAYERS AFTER COMMUNION

President Let us pray.

Almighty God,  
you have given your only Son to be for us  
both a sacrifice for sin and also an example of godly life:  
give us grace that we may always most thankfully receive  
these his inestimable gifts,  
and also daily endeavour to follow  
the blessed steps of his most holy life,  
through Jesus Christ our Lord. **Amen.**



1  
 Lord Jesus, think on me,  
 And purge away my sin;  
 From earthborn passions set me free,  
 And make me pure within.

2  
 Lord Jesus, think on me,  
 With care and woe oppress;  
 Let me thy loving servant be,  
 And taste thy promised rest.

3  
 Lord Jesus, think on me,  
 Amid the battle's strife;  
 In all my pain and misery  
 Be thou my health and life.

4  
 Lord Jesus, think on me,  
 Nor let me go astray;  
 Through darkness and perplexity  
 Point thou the heavenly way.

5  
 Lord Jesus, think on me,  
 When flows the tempest high:  
 When on doth rush the enemy  
 O Saviour, be thou nigh.

6  
 Lord Jesus, think on me,  
 That, when the flood is past,  
 I may the eternal brightness see,  
 And share thy joy at last.

Words: Greek, Synesius of Cyrene 375-430 Tr A.W. Chatfield 1808-96  
 Music: *Southwell* NEH 70 Adapted from Ps xlv in *The Psalms* in English Metre 1579  
 by W. Daman 1540-91

## RESPONSORY

This is love, not that we loved God,  
**but that he loved us and sent his Son.**

He is the sacrifice for our sins,  
**that we might live through him.**

If God loves us so much  
**we ought to love one another.**

If we love one another  
**God lives in us.**

May God the Father,  
who does not despise the broken spirit,  
give to you a contrite heart. **Amen.**

May Christ, who bore our sins in his body on the tree,  
heal you by his wounds. **Amen.**

May the Holy Spirit, who leads us to all truth,  
speak to you words of pardon and peace. **Amen.**

And the blessing of God Almighty,  
the Father, the Son and the Holy Spirit,  
be upon you, and remain with you always. **Amen.**

Go in peace to love and serve the Lord.  
**In the name of Christ. Amen.**

*All leave in silence*



## NOTICES

**WATER AID - LENT** No jam jars this year, but several of you have contributed cheques previously as part of your Lenten giving. We would encourage you to do the same this year. Cheques should be made payable to Water Aid and sent to: Water Aid, York House, Wetherby Road, Long Marston, York YO26 7NH. Accompanying labels will be on the end of the coffee table throughout Lent. Take one of these to send with your cheque and tick the Gift Aid box if appropriate. Please do continue your giving. We have sent well over £1000 each year for which Water Aid are excessively grateful. Judy Sansom

**AN AUDIENCE WITH PAUL TREPTE** Thursday 14 March 2019, 7.30pm. After 28 years as Director of Music at Ely, Paul's final services will be those on Easter Day. He reflects on life as a professional Church Musician and his time at Ely Cathedral. With musical entertainment, drinks and canapés. Tickets £5 available below. Proceeds towards Ely Cathedral Choir Tour Fund.

**EUCHARIST FOLLOWED BY LENT LUNCH** Each Friday during Lent there will be a Eucharist at 12.10pm followed by a simple lunch at 12.45pm both held in the Lady Chapel.

**MEN'S BREAKFAST** The next men's breakfast will be held in the Almonry Restaurant on Saturday 9 March at 8.45am for 9am until 10am. Please note the new venue. The speaker will be Alain Green., the title of his talk being 'The Phoenix'. Members of the congregation and friends are warmly invited. For more information please contact John Buttifant (01353 654195, [buttifant222@btinternet.com](mailto:buttifant222@btinternet.com)) or John Marshall (01353 664927, [jandrmarsshall68@yahoo.co.uk](mailto:jandrmarsshall68@yahoo.co.uk)).

**CHRISTIAN AID PLANT SALE** Please, gardeners, would you think of propagating plants for the Christian Aid plant-sale, which this year is to be held on the morning of Saturday 11 May, in the forecourt of the Cathedral Centre. Enquiries and offers of plants, please, to Janet Fairweather (01353-665047).

**BRIDGE AFTERNOON:** The Friends of Ely Cathedral are holding a Bridge Afternoon on Wednesday 27 March at 1.45 for 2.00pm at The Brooklands Centre, Sutton. Tickets are £7.50, to include tea, and all are welcome. Please contact Jane Davie, Ed Gifford or the Friends' Office (01353 660348) if you would like to attend. This is 'a first' for The Friends and we hope for your support for what is bound to be an enjoyable event!